Who is Served by the KY-Moms MATR Program? A Snapshot of Pregnant Clients at Baseline

The KY-Moms MATR case management program is administered by the Division of Behavioral Health in the Department for Behavioral Health, Developmental and Intellectual
Disabilities; KY-Moms MATR (502) 564-4456/ (800) 374-9146

This fact sheet summarizes characteristics reported by 131 pregnant women in the KY-Moms MATR program who completed a baseline assessment between May 2018 and December 2019.

RACE

85% White/Caucasian

AGE

26
Average age(13-4

MARITAL STATUS

52% Married or cohabiting **EDUCATION**

15% Less than a high school education **EMPLOYMENT**



57% Not currently employed

AVERAGE WEEKS PREGNANT



PRENATAL DOCTOR VISITS



5.6 Average prenatal visits (range 0-30) PLAN TO BREASTFEED



PREVIOUSLY PREGNANT



72% Previously pregnant

Risk Factors at Baseline

SUBSTANCE USE 6 MONTHS BEFORE PREGNANCY





OI%Alcohol use



Cigarette use

15.1

average age client had first drink (other than a few sips) 15.9

average age client used illegal drugs

ADVERSE CHILDHOOD EXPERIENCES (ACE)

5% None

24% 1-3 ACE 29% 4-6 ACE

39%

2% 10 ACE

MENTAL HEALTH 6 MONTHS BEFORE PREGNANCY



44% Met study criteria for depression



50% Met study criteria for anxiety



28% Screened positive for post-traumatic stress disorder symptoms

INTIMATE PARTNER ABUSE 6 MONTHS BEFORE PREGNANCY



37% Reported any type of intimate partner abuse





